

When does your child thrive?

Take this quick quiz to reflect on the best learning environment for your child. What wakes up their curiosity? What kind of school setting do they thrive in? What kind of teachers do they connect with the most?

Even if you can't choose your child's school, identifying what situations your child thrives in will give you important information. Consider sharing this with your child's teacher or counselor to help them understand how and when your child learns best.

After you answer the questions below, have your child review your responses.

C When was a time that your child expressed curiosity?

U Where were they? Who were they with? At school or outside of school?

R
I
O
S
I
T
Y

Child check: Do you agree? Yes No

E When was your child really excited about what they were learning?

X What was the learning environment? Alone or with other people? What were they
C learning? Was there a larger purpose to the lesson?

I
T
E
M
E
N
T

Child check: Do you agree? Yes No

**H
A
P
P
I
N
E
S
S**

When have you seen your child at their happiest?

What were they doing? Was the learning self-led or structured by a teacher?

Child check: Do you agree? Yes No

**P
R
O
J
E
C
T
S**

What was your child's favorite project or assignment in school?

Was it hands-on? In a group or independent? What skills did they use?
(e.g. building, math, drawing, writing, working in a group, computer skills, etc.)

Child check: Do you agree? Yes No

**T
E
A
C
H
E
R
S**

Who was your child's favorite teacher?

What was it about the teacher that worked well for your child? What did the teacher bring out in your child? What did they teach your child? (e.g. subject matter, life lessons, learning strategies etc.)

Child check: Do you agree? Yes No

P **How does your child spend their free time outside of school?**
A Is this activity more brain-based or physical? How do you know your child
S likes to do this activity?
T
I
M
E
S Child check: Do you agree? Yes No

M **What motivates your child? (Pick 2):**

O **Autonomy:**
The **what**: "It's my project!" They are in control of what they're making or learning.

V **Belonging:**
The **who**: "I'm making this with/for XX." They care about who they are working with and who they're making something for.

A **Purpose:**
The **why**: "I'm doing this because..." They care about why they're doing the project or activity.

T **Mastery:**
The **how**: "I'm going to do the very best job at..." They like the challenge and care about being excellent at the activity.

I Child check: Do you agree? Yes No
N